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Email Usage Policy
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Review date	January 2019
Date of next review	January 2020

Policy brief & purpose

Our company email usage policy helps employees use their company email addresses appropriately. Email is essential to our everyday jobs. We want to ensure that our employees understand the limitations of using their company email accounts.

Our goal is to protect our confidential data from breaches and safeguard our reputation and technological property.

Scope

This policy applies to all employees, vendors and partners who are assigned (or given access to) a company email. This email may be assigned to an individual (e.g. employeename@companydomain) or department (e.g. office@companydomain.com.)

Policy elements

Company emails are powerful tools that help employees in their jobs. Employees should use their company email primarily for work-related purposes. However, we want to provide employees with some freedom to use their emails for personal reasons.

We will define what constitutes appropriate and inappropriate use.

Inappropriate use of company email

Our employees represent our company whenever they use their company email address. They must not:

- Sign up for illegal, unreliable, disreputable or suspect websites and services.
- Send unauthorized marketing content or solicitation emails.
- Register for a competitor's services unless authorized.
- Send insulting or discriminatory messages and content.
- Intentionally spam other people's emails, including their co-workers.

Our company has the right to monitor and archive company emails.

Appropriate use of company email

Employees are allowed to use their company email for work-related purposes without limitations. For example, employees can use their email to:

- Communicate with current or prospective customers and partners.
- Log in to purchased software they have legitimate access to.
- Give their email address to people they meet at conferences, career fairs or other company events for business purposes.
- Sign up for newsletters, platforms and other online services that will help them with their jobs or professional growth.

Personal use

Employees are allowed to use their company email for some personal reasons. For example, employees can use their company email to:

- Register for classes or meetups.
- Send emails to friends and family as long as they don't spam or disclose confidential information.
- Download eBooks, guides and other content for their personal use as long as it is safe and appropriate.

Employees must adhere to this policy at all times, in addition to our confidentiality and data protection guidelines.

Email security

Email is often the medium of hacker attacks, confidentiality breaches, viruses and other malware. These issues can compromise our reputation, legality and security of our equipment.

Employees must:

- Select strong passwords with at least eight characters (capital and lower-case letters, symbols and numbers) without using personal information (e.g. birthdays.)
- Remember passwords instead of writing them down and keep them secret.
- Change their email password every two months.

Also, employees should always be vigilant to catch emails that carry malware or phishing attempts. We instruct employees to:

- Avoid opening attachments and clicking on links when content is not adequately explained (e.g. "Watch this video, it's amazing.")
- Be suspicious of clickbait titles.
- Check email and names of unknown senders to ensure they are legitimate.
- Look for inconsistencies or style red flags (e.g. grammar mistakes, capital letters, excessive number of exclamation marks.)

If an employee isn't sure that an email they received is safe, they can ask our IT Specialists.

We remind our employees to keep their anti-malware programs updated.

Disciplinary action

Employees who don't adhere to the present policy will face disciplinary action up to and including termination. Example reasons for termination are:

- Using a company email address to send confidential data without authorization.
- Sending offensive or inappropriate emails to our customers, colleagues or partners.
- Using a company email for an illegal activity.

For more information regarding this policy please contact Sam on +447305585588

Or email us at: info@imaniskinclinic.com